



Even healthy people can get the flu, and it can be serious.
Everyone 6 months and older should get a flu vaccine. **This means you.**
This season, protect yourself—and those around you—by getting a flu vaccine.



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

Vermont Active, Retired & Temporary State Employees

GET YOUR FLU SHOT

We are offering quadrivalent vaccine at all clinics for 2015!

Clinics scheduled October 1- November 5

Register at <http://livewellvermontflu.com/>

Or...call (802) 922-9236

8AM - 8PM Monday-Sunday

Health Fair and Open Enrollment

November 3: Burlington, 108 Cherry Street, 2nd Floor

November 4: Rutland, ASA Bloomer Building, Room 266

November 5: Montpelier, Vermont State House, Rooms 10 & 11

For more information, visit: http://humanresources.vermont.gov/salary/wellness/flu_program